

# **RESUME**

## **James A Porterfield, PT, MA, AT (ret)**

Owner and Director Rehabilitation and Health Center, Inc.

CEO, Venture Practice Services LTD.

CEO, Co-Owner, Acadaware

330-701-9694

## **Office Addresses**

Rehabilitation and Health Center, Inc.  
1799 Akron – Peninsula Rd #12  
Akron, Ohio 44320  
330-701-9694

Venture Practice Services, LTD  
83 N. Miller Rd.  
Akron, Ohio 44333  
330-865-1600

## **Birth Date and place**

December 3, 1949 - Wheeling, West Virginia

## **Education**

Kent State University  
January, 1978 – December, 1980  
Master of Arts, Exercise Physiology/Human  
Biomechanics

Mayo Clinic Foundation School of Physical Therapy  
September, 1972 – August, 1975. Certification  
In Physical Therapy

Ashland University  
September, 1968 – May, 1972  
Bachelor's Degree in Comprehensive Science

## **Employment / Work Experiences**

Rehabilitation and Health Center, Inc.

Owner/Director

June 1989 to present

4 clinics at pea, main clinic within Crystal Clinic, Akron, Ohio

1799 Akron Peninsula Rd.

Akron, Ohio 44313

Venture Practice Services, LTD

Owner and CEO

83 N Miller Rd.

Akron, Ohio 44333

October 1998 to present

Acadaware.LTD

CEO, co-owner

May 2009 to present

Rehab Director/owner RHC Crystal Clinic

June 1989 – Aug 2006

United Parcel Service

Consultant/ Director of Injury Treatment Center

HABITS Committee

September, 1992 to November 1995

Akron City Hospital

Director/Physical Fitness Testing Center

November 1, 1979 to May, 1989

Cleveland State University

Health Sciences Department

Assistant Professor

September, 1988 to June, 1989

Portage Physical Therapists, Inc. Assistant

Administrator

Gateway Rehabilitation Center, Head of

Orthopaedics and Student Clinical Education

May, 1976 to May, 1978

PT Department Head Samaraton Hospital, Ashland, Ohio

Aug 1974- May 1978

## **Professional Organization**

American Physical Therapy Association  
Orthopaedic and Private Practice Section,  
National Athletic Trainers Association  
BOD PPS of the APTA 2000-2003  
Ohio Private Practice Physical Therapy Study Group  
American College of Sports Medicine

## **Related Activities**

Project Coordinator of the Ohio Project  
July 2000 – 2005

Adjunct Faculty, Cleveland State University,  
School of Allied Health Sciences, Graduate School  
1981 – 2010

Adjunct Faculty, Ohio State University  
1986 - 2005

Member Editorial Board, the Journal of  
Orthopaedic Physical Therapy  
1987 –1998

Member, Cleveland State University Graduate  
Advisory Committee  
1983, 1984 and 1985 to present

President, Mayo Clinic Physical Therapy Alumni Association, (4CPTAA)  
1984, 1985

Vice President, Mayo Clinic Physical Therapy  
Association  
1984 and 1985

Instructor in Community Health Sciences,  
Northeastern Ohio Universities College of  
Medicine, Rootstown, Ohio  
1986 -1994

Member, Nomination Committee Sports Physical  
Therapy Section, PTA  
1982 and 1983

Instructor, the University of Akron  
Spring, 1982

Member, Nomination Committee, American  
Physical Therapy Association  
1982

Member, Editorial Board, Sports Medicine Section  
APTA, 1982

Member, Clinical Competency Test American  
Physical Therapy Association  
1982

## **Awards /Appointments**

Awarded the 2015 Meritorious Award from the Ohio Physical Therapy Association – April 23,  
2016

Newly elected member of the Board of Directors for the Private Practice Section of the

Awarded the “Practice Award” from the Private Practice Section of the APTA  
October 28, 2000 – Colorado Springs, CO.

Awarded Special Achievement Award  
1998 – Ashland University

Committee Member APTA Research Committee  
1998 – 1999

Awarded Outstanding Alumni 1993, Mayo Foundation School of Physical Therapy  
Mayo Clinic, Rochester, Minnesota

Awarded Ohio Physical Therapist of the Year  
Ohio Chapter APTA, 1993

Member of UPS Corporate Committee “HABITS”  
To design and rewrite UPS’s Safe Work Methods  
Atlanta, GA – January 1993 to September 1994

Member of Low Back Pain Committee – State of Ohio Department of Health  
November, 1995

## **Licenses and Certifications**

American Physical Therapy Association, Ohio #1 5 74, 1974  
National Athletic Trainers Association, Cert # 4 – 661, May, 1979, Lic # Ohio At-00723

## **Weekend Workshops and Presentations**

Since February 1982 to 250+ presentations performed on many clinical topics – Details available upon request.

Since November 1980 – 200 Weekend presentations presented in the United States. Details available upon request

## **International Presentations**

American/ Australian Sports Medicine Symposium, “The Knee & Shoulder – Current Trends & Future Directions in Assessment and Management”.  
July 6 & 7, 1991. Melbourne, Victoria, Australia

Combined Perspectives in Orthopaedics: Clinical Case Studies of the Spine, Knee and Shoulder.  
July 2 & 4, 1993, Sydney, New South Wales  
Hanzehogeschool, Hogeschool Van Groningen – Groningen Holland. Edmond Burdszak PT  
Administrator. Taught one week at the Physical Therapy School in Groningen on topics related to assessment and treatment of the spine. May 27 – June 7 1995

IFOMPT Meeting, Lillehammer, Norway. Pre-conference workshop and one of the Keynote Speakers – 6 day program. April 19 – 26 1996

3<sup>rd</sup> World Conference on Low Back and Pelvic Pain Conference, “Conditions of Weight Bearing, Asymmetrical Overload Syndrome” Vienna, Austria, November 19 – 21 1998.

“Mechanical Disorders of the Spine” a Three Day Workshop with Carl DeRosa PT, PhD, Tong Tech Song Hospital. June 2 – 4, 2000.

## **Graduate School Education**

Boston University, Boston, Massachusetts, February 6, 7 & 8, 1986. First one-third of graduate school at Sergeants College to the senior advanced Masters Physical Therapy Class.

Ohio State University – AM 694 Advanced Techniques of Manual Therapy – “The Lumbopelvic Segment.” October 3, 4 & 5 – November 22 & 23: and December 5 & 6, 1986.  
Three days of lecture and lab concerning evaluation and treatment of low back pain.  
Ohio State University.

Boston University, Sargeant's College, Boston Massachusetts. "Lumbopelvic Functional Anatomy", February 20 – 22, 1987.

Cleveland State University, Assistant Professor – Lumbopelvic Disorders, 40 hour Graduate Course within Health Sciences Department: Spring, 1983, Fall, 1983, Spring, 1984, Fall 1985, Fall, 1987, Fall 1990, Fall 1992, Fall, 1993, Fall, 1995 – 1990

This course has matured into a 4- hour graduate school course given on Fridays and Saturdays on selected weekends. This course is now complete with a two-day cadaver dissection. The course alternates between Ohio State University and Cleveland State University each fall, Ohio State University Graduate Program in advanced kinesiology and manual techniques. 1988, 1990, 1992, 1994. In conjunction with C. Kisner, MS, PT; and J. Chidley, MS, PT.

Slippery Rock University, one day with senior class, "Lumbopelvic Function and Dysfunction". April 17, 1990, December 19, 1991, May 13, 1993.

## Teleconferences

National Teleconference – A.R.E.N. with Carl DeRosa, P.T., "Lumbopelvic Function and Dysfunction, 'Aired Tuesday, January 19, 1988.

National Teleconference – A.R.E.N., with Carl DeRosa, P.T., "Exercise and Strength, "Aired March, 1989.

National Teleconference – A.R.E.N., with Carl DeRoas, P.T., "Cervicothoracic and Scapulohumeral Dissection "Aired January 16, 1990.

## Published Textbooks

Porterfield JA, DeRosa C: **Mechanical Low Back Pain: Perspectives in Functional Anatomy**, W. B. Saunders, Philadelphia, 1991.

Porterfield JA, DeRosa C: **Mechanical Neck Pain: Perspectives in Functional Anatomy**, W. B. Saunders, Philadelphia, 1995.

Porterfield JA, DeRosa C: **Mechanical Low Back Pain: Perspectives in Functional Anatomy**, W. B. Saunders, Philadelphia, Second Addition, 1998.

Porterfield JA, DeRosa C: **Mechanical Shoulder Pain: Perspectives in Functional Anatomy**, W. B. Saunders, Philadelphia, November 1, 2003.

## Published Chapters

Porterfield JA.: The Sacroiliac Joint, Textbook of Orthopedic and Sports Physical Therapy, ed by Gould J, C.V. Mosby, St. Louis 1989.

Porterfield JA, DeRosa C : The Sacroiliac Joint, Textbook of Orthopedic and Sports Physical Therapy, second edition, ed by Gould J, C.V.Mosby, St. Louis 1990.

Porterfield JA, DeRoas C: The Sacroiliac Joint, Forum Medicum, Virginia 1990.

DeRosa C, Porterfield JA: Treatment of Low Back Disorders. In Clinical Orthopedics, ed Iglarsh A, Richardson J, W.B. Saunders, 1993, 2002.

DeRosa C, Porterfield JA: The Objectives of Treatment for Mechanical Low Back Pain. The Comprehensive Guide to Work Injury Management, ed Iserhagen SJ, Gaitherburg, Aspen Pub., 1994.

DeRosa C, Porterfield JA: The Spine: Orthopedic and Sports Physical Therapy, 3<sup>rd</sup> Ed, ed., Malone T, Mcpoil T, Nitz A, CV Mosby, St. Louis 1997, 2002.

DeRosa C, Porterfield JA: Anatomical Linkages and Muscle Slings of the Lumbopelvic Region, In: Movement, Stability & Lumbopelvic Pain, Chapter 2: Elsevier, New York, 2007 (ISBN: 13 978-0-443-10178-6)

Porterfield JA, DeRosa C: Conditions of Weight Bearing: Asymmetrical Overload Syndrome, In: Movement, Stability & Lumbopelvic Pain, Chapter 27: Elsevier, New York, 2007 (ISBN: 13 978-0-443-10178-6)

## Booklet Publications

Total Hip Arthroplasty – A 45 page publication written for the total hip patient. This publication was written as a vehicle by which to coordinate all care givers of this patient population.

Total Knee Arthroplasty – A 60 page publication for the total hip patient. This publication was written by which to coordinate all care givers of this patient population.

## Publications

Porterfield, JA: “New Innovation in Sacroiliac Management, “APTA Bulletin, Orthopedic Section, Vol. 3, No. 1, Spring, 1978.

Mostardi RA, Porterfield JA, Greenberg BA: “ Musculoskeletal and Cardiopulmonary Characteristics of the Professional Ballet Dancer”, The Physician and Sports Medicine, Vol.11, No. 12, December 1983.

Porterfield JA: "Dynamic Stabilization of the Trunk." Journal of Orthopedic and Sports Physical Therapy, Section of American Physical Therapy Association, March/April, Vol.6, No. 2, pp.271-277, 1985.

Mostardi RA, Porterfield JA, King S., Wiedman & Urycki S: "Cardiovascular Intervention Among Police Officers: A Two Year Report. Police Chief, pp.32-34, June, 1986.

Mostardi RA, Porterfield JA, King S, Wiedman & Sherman B: Pre-employment Screening and Cardiovascular Intervention. Journal of Orthopaedic and Sports Physical Therapy. pp. 8-42-45, 1986.

Gradisar IA, Porterfield JA: "Articular Cartilage – Structure and Function, "Topics In-Geriatric Rehabilitation. 4:3 1-9, April 1989.

DeRosa C, Porterfield JA: A Physical Therapy Model for The Treatment of Low Back Pain. Physical Therapy: 261-272, 1992.

Kuehls, D, Porterfield JA: "Why Weight", Runners World, pp. 42-47, December 1999,

DeRosa C, Porterfield, JA: Weightbearing Asymmetry; Six clinical success stories. Biomechanics. Vol VII no. 12, pp14-30, December 2000.

## **Research Publications**

Porterfield JA, Mostardi RA, King S, Ariki P, Moats E, Noe D. Simulated Lift Testing Using Computerized Isokinetics. Spine 12:683-687, 1987.

Noe DA, Kovacik MW, Mostardi RA, Porterfield JA: "Evaluation of Isokinetic Lifting Parameters for Asymptomatic Females". Advances in Bioengineering, ASME, 105- 108, 1988.

Mostardi RA, Porterfield JA, Noe DA, Kovacik MW: Lifting Strength and Injury Relationships for Female Nurses. Advances in Industrial Medicine, 767-774, 1989.

Mostardi RA, Porterfield JA, King S, Urycki S: Pre-employment Screening and Health Management for Safety Forces – Methods and Techniques. Journal Occupational and Sports Physical Therapy I, 398-401, 1990.

Mostardi RA, Noe DA, Kovacik MW, Porterfield JA: Isokinetic Lifting Strength and Occupational Injury: A Prospective Study. Spine 17, 189-203, 1992.

Noe DA, Mostardi RA, Jackson ME, Porterfield JA, Askew M. Myoelectric Activity and Sequencing of Selected Trunk Muscles During Isokinetic Lifting. Spine 17:225-229, 1992.



## Abstracts

Gandee R, Porterfield JA, et al. "Somatotype and Isokinetic Strength Profile of an Efitte Wheelchair Marathon Racer," 1981, American College of Sports Medicine Annual Meeting. "Cybex Evaluation of Total Knee Arthroplasty", American Physical Therapy Association Anaheim, 1982.

Mostardi RA, Porterfield JA, Greenberg B, Goldberg D. "The Physiology of Ballet Dancing:", Federation Proceedings, 1982.

Porterfield JA, Gandee R, et al. "Torque Strength of the Knee Among Female High School Cross Country Runners". 1982 American College of Sports Medicine Annual Meeting.

Gandee R, Porterfield JA, Adolph T, "Isokinetic Strength of Analysis of AAU Karate Athletes", 1982. American College of Sports Medicine Annual Meeting.

Mostardi RA, Porterfield JA, "Construction of Police Physical Fitness Battery as a Substitute for Age Requirements", American Society of Biomechanics, September, 1983.

Porterfield JA: "Probable Etiology of Mechanical Low Back Pain", American Society of Biomechanics, September, 1983.

Mostardi RA, Porterfield JA. "Musculoskeletal and Cardiopulmonary Characteristics of the Professional and Cardiopulmonary Characteristics of the Professional Ballet Dancer". International Symposium on the Scientific Aspects of Dance, 1984 Olympic Scientific Congress, Eugene Oregon, July 1984.

Mostardi RA, Stone RT, King S, Porterfield JA. "Comprehensive Fitness Program for Cystic Fibrosis Foundation Annual Meeting", San Jose, California, April, 1984.

Mostardi RA, Porterfield JA, Sherman B. "Physique Analysis of Law Enforcement Officials", Canadian Association of Sports Sciences (ACSS), Montreal, Canada, November 1984.

Mostardi RA, Porterfield JA, Noe D, Kovacik MW. "Lifting Strength and Injury Relationships for Female Nurses", Annual Industrial Ergonomics and Safety Conference, Cincinnati, Ohio, June, 1989.

Mostardi RA, Noe D, Kovacik K, Porterfield JA. "Prospective Study of Isokinetic Strength and Injury History Factors in the Prediction of Back Injury Among Females", International Congress of International Society of Electrophysiological Kinesiology, Baltimore, NM, August, 1990.

Noe D, Mostardi RA, Kovacik K, Porterfield JA. "Prospective Study of Isokinetic Strength and Injury Among Females", Poster Presentation World Congress of Biomechanics, LaJolla, CA, August, 1990.

Noe D, Mostardi RA, Jackson M, Porterfield JA, Askew M. "Muscle Activation Sequencing During Isokinetic Lifting", American Society of Mechanical Engineers Winter Annual Meeting, Dallas, TX, November 1990.

## **Published Videotapes and Audiovisual Materials**

Porterfield JA, DeRosa CP: Evaluation of Lumbopelvic Disorders. American Rehabilitation Network, Pittsburgh, PA. 1987.

Porterfield JA, DeRosa CP: A Practitioner's Guide to Dissection of the Low Back. American Rehabilitation Network Pittsburgh, PA. 1987.

Porterfield JA, DeRosa CP: Exercise and Strength. American Rehabilitation Network, Pittsburgh, PA. 1989.

Porterfield JA, DeRosa CP: A Practitioner's Guide to Dissection of the Hip and Pelvis. 1989.

Porterfield JA, DeRosa CP: A Practitioner's Guide to Dissection of the Low Back. 1990

Porterfield JA, DeRosa CP: A Practitioner's Guide to Dissection of the Cervicothoracic Spine. 1991.

Porterfield JA: A Practitioner's Guide to Dissection of the Shoulder. 1999.

### **(1) Clinical Videotapes Series**

- Articular Cartilage Degeneration (PF Scope)
- Degeneration (Radiography Lumbar/Cervical)
- Fluoroscopy Lumbar (Normal/Dysfunctional)
- Fluoroscopy Cervical (Normal/Dysfunctional)
- Functional Assessment (Lumbopelvic)
- Functional Assessment (Upper Quarter)

### **(2) Treatment**

- Manual Techniques Lumbar
- Manual Techniques Cervical
- Progressive Therapeutic Exercise (Training)

## **Home Study / Distance Learning Programs**

**Porterfield/DeRosa Spine Care Series I – Back and II – Neck**. This accumulation of dissection and clinical videotapes has been combined to form a Home Study course for the clinician. It provides a distance education and home study experience of 20 contact hours each. Released in January, 1996. Videotapes include: Cadaver Dissection Series: Low Back, Hip and Pelvis, Cervicothoracic, Scapulohumeral.

## **Software and Process Design**

**1993 to –Present - Complete Practice Management System for Rehabilitation Practice (PS Profiling ©)** - An industrial Injury (Patient) Tracking, Provider Profiling, Business Analysis, Coding, Documentation, Billing and Collections Software for the Health Care provider. This unique software represents the basis for clinical and billing / collection that formed the platform for Venture Practice Services, LTD opened 1998 and the Ohio Project.

**2010 Acadaware - Acadaware** Software is a software Design company that create solutions for experiential learning programs – Presently servicing 50+ plus Universities and 70 + disciplines. The Acadaware Complete Package (ACP) – This completely integrated software package and processes includes 3 modules- Clinical Education (CE), Curriculum Management (CM), and a 4 section Assessment Process i.e., FIF, SAF, PAS, CSIF.

**James A. Porterfield PT, MA, ATC**  
**Owner, Rehabilitation and Health Center, Inc.**

[www.rhchealth.com](http://www.rhchealth.com)

**CEO, Venture Practice Services, Ltd**

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